Health New Zealand
Te Whatu Ora

RING PESSARIES PROVIDERS

Metro Auckland

Last Updated: 26 November 2026

Please contact nor-womenshealthpc@tewhatuora.govt.nz for any additions or amendments to this list

AUCKLAND CENTRAL

PRACTICE & CONTACT DETAILS	PRACTITIONER	REFERRAL INFO
AUT Student Medical Centre AUT City & North Campuses T: 021 925 332, E: amy.brockbank@aut.ac.nz	Dr Anna Grucy	Does not accept referrals
GP Central T: 09 621 0387, E: Reception@gpcentral.co.nz	Dr Logitha Sritharan Dr Terrillian Hui Dr Queenie Son	

NORTH SHORE & HIBISCUS COAST

PRACTICE & CONTACT DETAILS	PRACTITIONER	REFERRAL INFO
MedPlus Medical Centre T: 09 489 2011, E: enquiries@medplus.co.nz	Dr Jean Lim	
Pelvic Care Physiotherapy M: 021 085 06267, E: physio.pelviccare@gmail.com	Janaina Martins Claro	Accepts referrals
The Doctors Apollo T: 09 477 3700, E: admin@apollomedical.co.nz	Dr Farah Alqes	

WEST AUCKLAND

PRACTICE & CONTACT DETAILS	PRACTITIONER	REFERRAL INFO
Te Atatu Health T: 09 900 1111, E: admin@tahealth.co.nz	Rachel Mattlock	
Waitakere i-Medical Centre T: 09 553 9588, E: info@wimc.co.nz	Dr Albert Low	Accepts referrals

RODNEY & NORTH-WEST AUCKLAND

PRACTICE & CONTACT DETAILS	PRACTITIONER	REFERRAL INFO
Coast to Coast Healthcare T: 09 423 6006, E: anthoinett@ctchc.co.nz	Dr Lucille Anthoinet Top	Accepts referrals
Hobsonville Health T: 09 416 8712, E: admin@hobsonvillehealth.co.nz	Rachel Mattlock	

EAST AUCKLAND

PRACTICE & CONTACT DETAILS	PRACTITIONER	REFERRAL INFO
Beachlands Medical Centre T: 09 536 6006, E: manager@beachmed.co.nz	Nagham Hawa Rebecca Starr	
Botany Junction Medical Centre	Therese Khella	

PRACTICE & CONTACT DETAILS	PRACTITIONER	REFERRAL INFO
T: 09 265 0321, E: nurse@bjdocs.co.nz		
Botany Medical and Urgent Care T: 09 280 1790, E: reception@botanygp.co.nz	Nagham Hawa	
Howick House Medical T: 09 535 8797, E: reception@howickhouse.co.nz	Bronwyn Lloyd Graeme Kidd Katherine Martin	Does not accept referrals
Millhouse Integrative Medical Centre T: 09 537 4980, E: reception@millhousemedical.co.nz	Therese Khella	
Tend Pakuranga Medical Centre (formerly Pakuranga Medical) T: 09 950 7351, E: kiaora@tend.nz	Eileen Sables	

WAIHEKE

PRACTICE & CONTACT DETAILS	PRACTITIONER	REFERRAL INFO
Waiheke Medical Centre T: 09 372 3111, E: reception@waihekemedical.co.nz	Sheryl Howarth	Accepts referrals

SOUTH AUCKLAND

PRACTICE & CONTACT DETAILS	PRACTITIONER	REFERRAL INFO
MĀNGERE		
Bader Drive Health Care Mangere T: 09 275 8598, E: womenshealth@bdhealthcare.co.nz	Nua Tupai	
Mangere Health Centre T: 09 255 0600, E: info@mangerehealthcentre.co.nz	Savani Kannangara, GP	
The Doctors Middlemore T: 09 275 9977, E: info@md.thedoctors.co.nz		
ŌTĀHUHU		
Lifeline Medical Centre Otahuhu T: 09 276 2822, E: reception@lifelinemedical.co.nz	Sobria Imran	
ŌTARA		
Local Doctors Otara T: 09 274 7823, E: Andy.knight@tamakihealth.co.nz	Oruba Khalil Sue Tutty	
Otara Family & Christian Health Centre T: 09 274 6654, E: roshan.fernando@otarafamily.health.nz	Dr Karina Cooper	
MANUKAU, MANUREWA		
Counties Medical Health Clinic T: 09 299 9384, E: Amy.Tuyay@countiesmedical.co.nz	Amelia Tuyay	Does not accept referrals
Southpoint Family Doctors **T: 0800 242 200**, E: clinical@spfd.co.nz	Dr Hinamaha Lutui	

MANUKAU, MANUREWA Cont.		
Te Manu Aute Whare Oranga, Manurewa Marae T: 09 640 0822, E: admin@manurewamarae.co.nz	Dr Linda Piritt	Does not accept referrals
PAPAKURA		
Papakura Family Medicine Clinic T: 09 298 6378, E: hello@papakuradoctors.co.nz	Amelia Tuyay	Does not accept referrals

FRANKLIN

PRACTICE & CONTACT DETAILS	PRACTITIONER	REFERRAL INFO
Pukekohe Family Health Care T: 09 237 028, E: contact@pukekohehealth.co.nz	Dr Karen	
Pukekohe South Doctors T: 09 237 0286, E: reception@pukekohesouthdoctors.co.nz	Louisa Sinclair	
Waiuku Health Centre T: 09 235 9102, E: admin@waiukumedical.co.nz	Sasha Maxwell	Does not accept referrals